

Mango

Area Under Cultivation

Mango is almost grown in all states of India. It is mainly cultivated in Uttar Pradesh, Andhra Pradesh, Bihar, Orissa, Karnataka, Tamil Nadu, Gujarat, Kerala, Madhya Pradesh, Maharashtra and West Bengal.

Botanical Name :- *Mangifera indica*

Family :- Anacardiaceae

Plant Discription :

It is a large, branched perennial erect tree with wide evergreen crown which attains a great height. Flowers appear in large terminal inflorescences producing fruit which is a fleshy drupe.

Centre of Origin : South East Asia

Pollination System : Cross pollinated

Chromosome No. : $2n=40$

Nutritional Levels :

Moisture (%)	Protein (%)	Fat (%)	Mineral matter (%)	Fibre (%)	Carbohydrate (%)	Calories (K Cal)
81	0.6	0.4	0.4	0.8	16.9	74
Minerals						
Phosphorus (mg/100g)	Potassium (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Sodium (mg/100g)	Copper (mg/100g)
16	205	14	270	1.3	26	0.11
Manganese (mg/100g)	Zinc (mg/100g)	Sulphur (mg/100g)	Chlorine (mg/100g)	Molybdiium (mg/100g)	Cromium (mg/100g)	
0.13	0	17	3	0	0.006	
Vitamins						
Carotene (mg/100g)	Thiamine (mg/100g)	Riboflavin (mg/100g)	Niacin (mg/100g)	Vitamin C (mg/100g)	Choline (mg/100g)	Folic acid-Free (mg/100g)
2743	0.08	0.09	0.9	16	0	0
Folic acid- Total (mg/100g)						
0						