

Radish

Area Under Cultivation

The main radish growing states are West Bengal, Bihar, Uttar Pradesh, Karnataka, Punjab and Assam.

Botanical Name : Raphanus sativus

Family : Cruciferae

Plant Discription :

It is an annual or biennial herb having rosette leaves and bearing a swollen root which is the economic part.

Centre of origin : Mediterranean region

Pollination system : Cross pollinated

Chromosome no : $2n=18$

Nutritional Levels :

Moisture (%)	Protein (%)	Fat (%)	Mineral matter (%)	Fibre (%)	Carbohydrate (%)	Calories (K Cal)
90.8	0.6	0.3	0.9	0.6	6.8	32
Minerals						
Phosphorus (mg/100g)	Potassium (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Sodium (mg/100g)	Copper (mg/100g)
20	10	50	196	0.37	63.5	0.07
Manganese (mg/100g)	Zinc (mg/100g)	Sulphur (mg/100g)	Chlorine (mg/100g)	Molybdiium (mg/100g)	Cromium (mg/100g)	
0.15	0.68	0	0	0	0.009	
Vitamins						
Carotene (mg/100g)	Thiamine (mg/100g)	Riboflavin (mg/100g)	Niacin (mg/100g)	Vitamin C (mg/100g)	Choline (mg/100g)	Folic acid-Free (mg/100g)
3	0.06	0.02	0.4	17	0	0
Folic acid- Total (mg/100g)						
0						