

The fruits are ready for harvest in about 45-60 days after seed sowing depending upon variety and season. Size of the pod and stage at which it is harvested varies with variety/hybrid and market preference. Generally, medium sized (7-10 cm long) tender pods, which can be easily snapped from the plant, are harvested. As all the fruits do not mature at the same time, harvesting is carried out once in 3-4 days. Frequent picking promotes fruit development and prevents the pods from growing too large.

Yield

Yield of the Bhendi varies greatly depending upon variety and season of cultivation. On an average bhendi yields 7.5-10 t/ha while the yield of hybrid varieties ranges from 15-22 t/ha.