

# Beet

## Harvesting

The roots are harvested before the development of spongy tissue within the roots. Thus, the ideal stage for maturity is attained when the diameter of roots is 3-5 cm. This stage is reached within 60-75 days of sowing. A light irrigation may be given a day before harvesting to facilitate lifting of roots. Usually the plants are pulled by hand and the tops are removed.

### **Yield :**

Yield of beet root varies greatly depending upon variety, soil type and season of cultivation. The average yield of beet varies from 20-25 t/ha.