

# Pomegranates

## Area Under Cultivation

Pomegranates are commercial cultivated in Solapur, Sangli, Nashik, Ahmednagar, Pune, Dhule, Aurangabad, Satara, Osmanabad and Latur districts (Maharashtra); Bijapur and Bagalkot Districts (Karnataka) and to a smaller extent in Gujarat; Rajasthan; Uttar Pradesh; Andhra Pradesh and Tamil Nadu.

**Botanical Name :-** Punica granatum

**Family :-** Punicaceae

**Plant Discription :**

It is a small deciduous tree attaining 2 to 6 m in height having oblong or ovate leaves with a shining surface. The fruits are borne terminally on short spurs arising from mature shoots.

**Centre of Origin :** Iran and adjoining countries

**Pollination System :** Cross pollinated

**Chromosome No. :** 2n=16,18

**Nutritional Levels :**

Moisture (%)	Protein (%)	Fat (%)	Mineral matter (%)	Fibre (%)	Carbohydrate (%)	Calories (K Cal)
78	1.6	0.1	0.7	5.1	14.5	65
<b>Minerals</b>						
Phosphorus (mg/100g)	Potassium (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Sodium (mg/100g)	Copper (mg/100g)
70	133	10	44	1.79	0.9	0.34
Manganese (mg/100g)	Zinc (mg/100g)	Sulphur (mg/100g)	Chlorine (mg/100g)	Molybdiium (mg/100g)	Cromium (mg/100g)	
0.77	0.82	12	2	0	0.022	
<b>Vitamins</b>						
Carotene (mg/100g)	Thiamine (mg/100g)	Riboflavin (mg/100g)	Niacin (mg/100g)	Vitamin C (mg/100g)	Choline (mg/100g)	Folic acid-Free (mg/100g)
0	0.06	0.1	0.3	16	0	0
Folic acid- Total (mg/100g)						
0						