

Banana

Area Under Cultivation

The chief banana growing states in India are Maharashtra, Gujarat, Karnataka, Kerela, Tamil Nadu, Andhra Pradesh, Orissa, Bihar, Madhya Pradesh, West Bengal, Assam, Tripura and Manipur.

Botanical Name : *Musa paradisiaca*

Family : Musaceae

Plant Discription :

It is a freely stooling perennial rhizomatous herb having pseudostems composed of tight clasping leaf sheaths. Main stem is an underground rhizome. The inflorescence is horizontal or pendant and fruit bunches are compact.

Centre of Origin : Warm moist parts of Asia

Pollination System : Parthenocarpic

Chromosome No. : $2n=22,24$

Nutritional Levels :

Moisture (%)	Protein (%)	Fat (%)	Mineral matter (%)	Fibre (%)	Carbohydrate (%)	Calories (K Cal)
70.1	1.2	0.3	0.8	0.4	27.2	116
Minerals						
Phosphorus (mg/100g)	Potassium (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Sodium (mg/100g)	Copper (mg/100g)
36	88	17	41	0.36	36.6	0.16
Manganese (mg/100g)	Zinc (mg/100g)	Sulphur (mg/100g)	Chlorine (mg/100g)	Molybdiium (mg/100g)	Cromium (mg/100g)	
0.2	0.15	7	8	0	0.004	
Vitamins						
Carotene (mg/100g)	Thiamine (mg/100g)	Riboflavin (mg/100g)	Niacin (mg/100g)	Vitamin C (mg/100g)	Choline (mg/100g)	Folic acid-Free (mg/100g)
78	0.05	0.08	0.5	7	0	0
Folic acid- Total (mg/100g)						
0						